



# Blended learning for elevating cognitive skills, engagement, and academic outcomes

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## Pharmacology teaching at HUJI

- B.Pharm
- MD
- DMD
- BSN
- B.Sc.Med

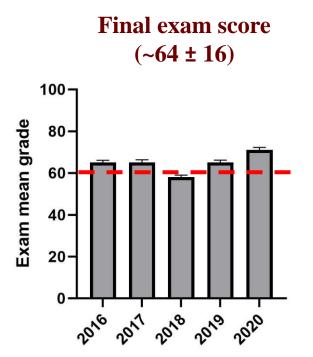
Second year nursing students

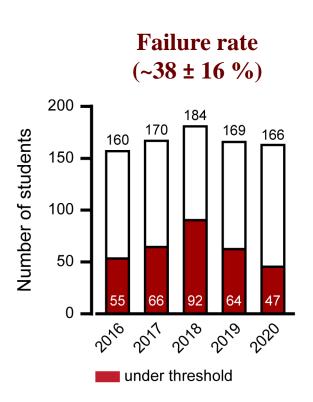
Pharmacology A  $- 1^{st}$  semester Pharmacology B  $- 2^{nd}$  semester

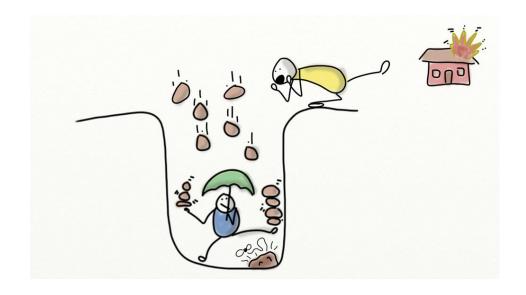


Lecture-based learning + workshop

## Course success evaluation – final exam





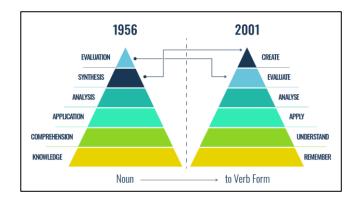


n=849 students

## The problem?

Knowledge? skills? competencies?

### Bloom's Taxonomy of Educational Objectives in Pharmacology



American Journal of Pharmaceutical Education 2012; 76 (6) Article 114.

#### **TEACHERS' TOPICS**

### **Incorporation of Bloom's Taxonomy into Multiple-Choice Examination Questions for a Pharmacotherapeutics Course**

Myo-Kyoung Kim, PharmD, <sup>a,b</sup> Rajul A. Patel, PharmD, PhD, <sup>a</sup> James A. Uchizono, PharmD, PhD, <sup>a</sup> Lynn Beck, PhD<sup>b</sup>

Submitted January 31, 2011; accepted September 28, 2011; published August 10, 2012.

### **Cognitive levels**

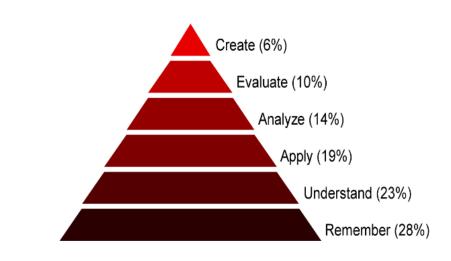
- 1) Remember: Recognizing basic drug knowledge
  - Identifying drug names
- 2) Understand: Interpreting pharmacological concepts
  - Explaining how a drug's mechanism of action results in its therapeutic effects
- 3) Apply: Using theories in new situations
  - Selecting a drug, based on a patient's condition
- 4) Analyze: Differentiating among drug effects
  - Determining which of a patient's several drugs could cause a noted side effect
- 5) Evaluate: Judging therapeutic approaches
  - Ranking drug choices by considering patient factors like age or kidney function
- 6) Create: Designing new solutions
  - Design a new treatment plan to reduce potential drug interactions

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<sup>&</sup>lt;sup>b</sup>Gladys L. Benerd School of Education, University of the Pacific, Stockton, CA

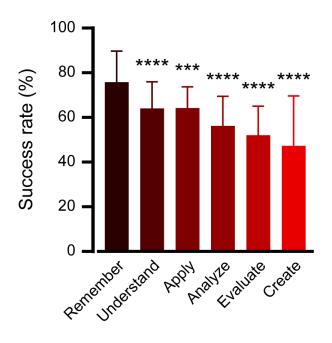
## Course test success rates by cognitive question levels

### Percentile of course questions in final exams



Years 2016-2020, n=200 questions

### Success rates by cognitive question levels



Compared with "Remember". \*\*\* $p \le 0.001$ ; \*\*\*\*  $p \le 0.0001$ ; one way ANOVA followed by multiple comparison test



Early implementation of question-based learning in pharmacology training, with a structured focus on all cognitive levels, will enhance student engagement and develop their problem-solving competencies in drug management

## The drawback



### The blended course model – first step: divisions structure

### **Learning Division I: Basic Principles**

Learning units: - Introduction to pharmacology

- Fundamentals of pharmacokinetics

- Fundamentals of pharmacodynamics and pharmacotherapeutics

- Key types of drug interactions, adverse reactions & toxicity

- Receptors as drug targets

#### **Learning Division II: Autonomic Nervous System drugs**

Learning units: - Introduction to autonomic pharmacology

- Cholinergic drugs

Anti-cholinergic drugs

- Adrenergic drugs

- Anti-adrenergic drugs

#### Learning Division III: Cardiovascular-Renal drugs

Learning units: - Anti-hypertensive agents

Diuretic agents

Vasodilators & the treatment of Angina Pectoris

Drugs used in Heart Failure

- Agents used in Cardiac Arrhythmias

- Drug Therapy for Dyslipidemias

#### Learning Division IV: Hemostasis; Glucose balance; & Immunity system drugs

Learning units: - Drugs Used in Disorders of Coagulation

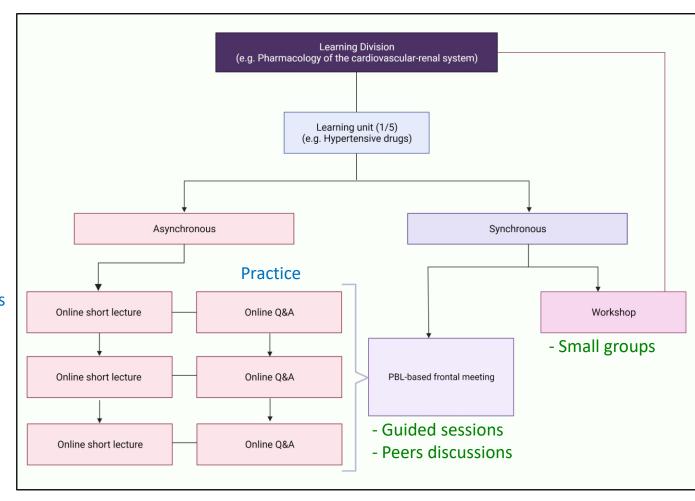
- Pharmacotherapy of Diabetes Mellitus

- Anti-inflammatory, Anti-allergy, and Immunosuppressant drugs

- Pulmonary Pharmacotherapy

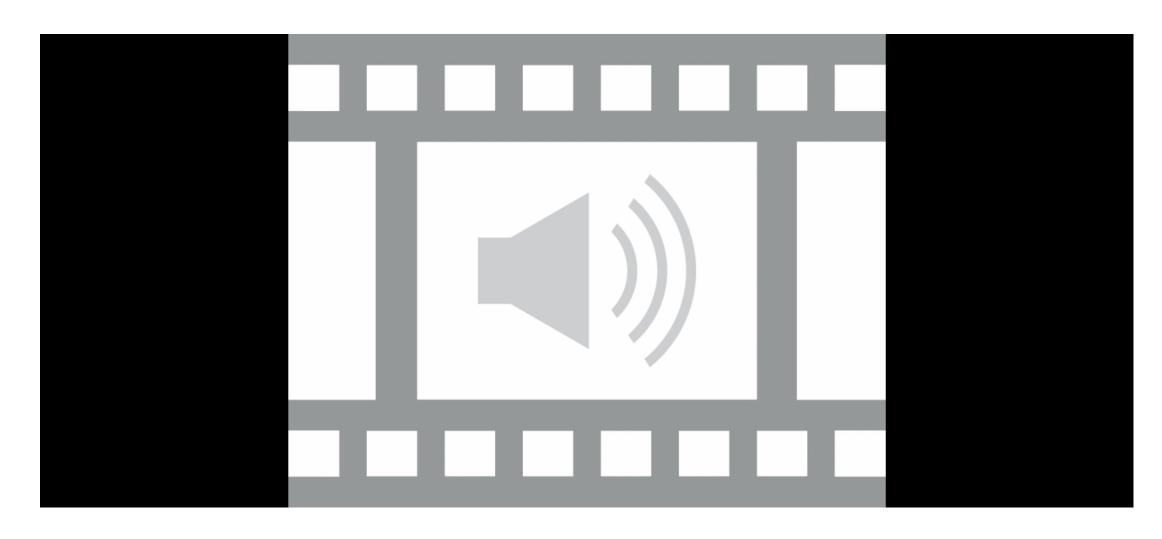
Practicing all cognitive levels in each learning unit

## The blended course structure – second step: asynchronous and synchronous activities

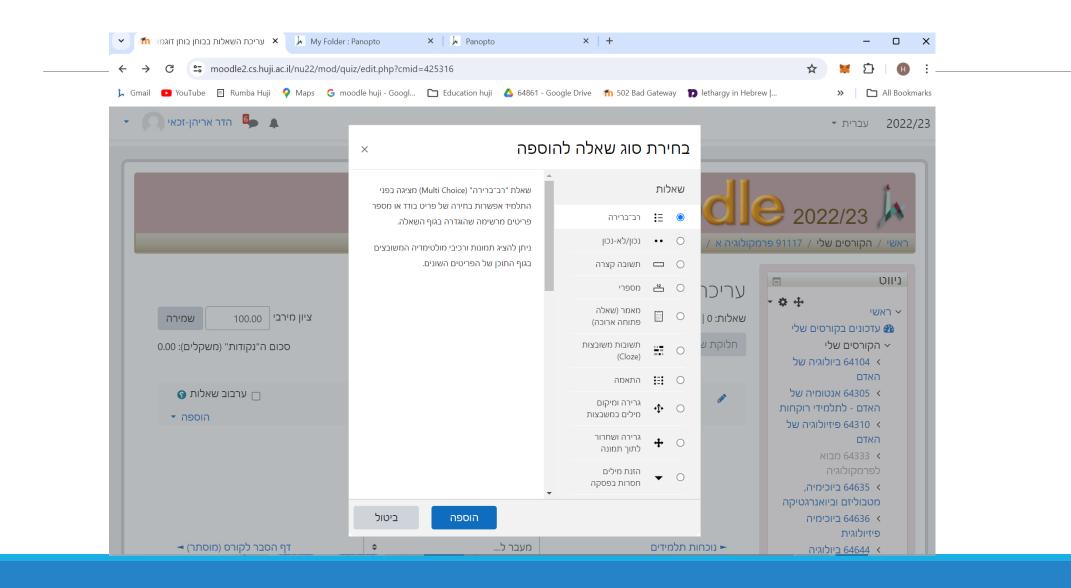


Pre-recorded videos

### The blended course structure online engagement

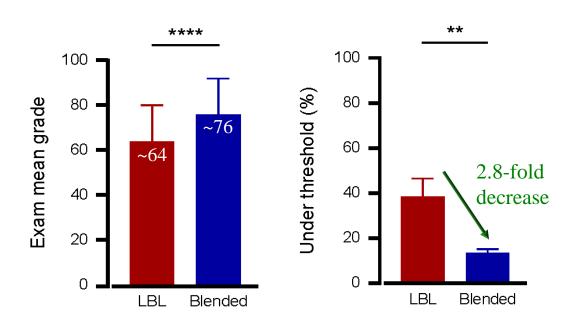


### The blended course structure – third step: practice



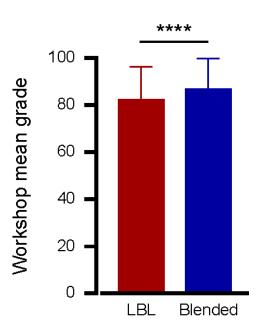
## Superior testing outcomes with blended vs. LBL course structures

### **Course final exams**



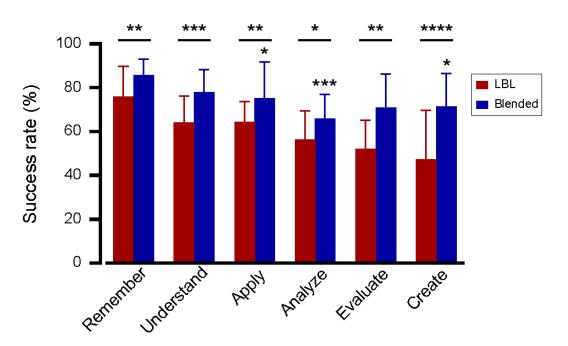
Blended (n=424; two cohorts) vs. LBL (n=859; five cohorts); \*\*p < 0.01; \*\*\*\*p < 0.0001; Two-tailed unpaired t test

### Workshop



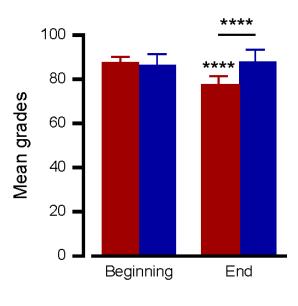
## The Blended course structure significantly enhanced learning outcomes

### **Success rates across cognitive levels**



Blended (n=80 questions in two cohorts) and LBL (n=200 questions in five cohorts) structures; \*p< 0.05; \*\*p< 0.01; \*\*\*p< 0.001; \*\*\*\*p< 0.0001; Two-tailed unpaired t test between each cognitive level

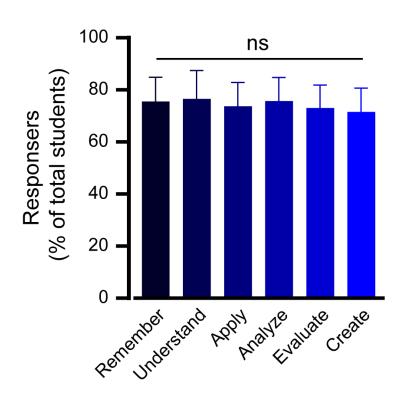
### Workshop tests



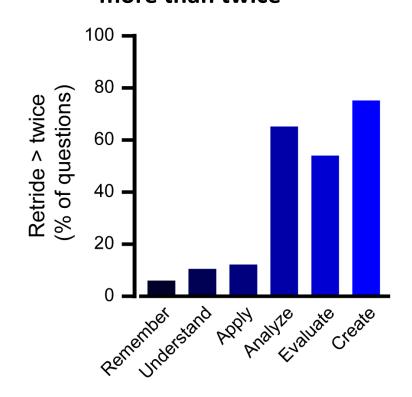
Beginning: lower cognitive skills (Remember, Understand, Apply) End: higher cognitive skills in drug-based patient care (Analyze, Evaluate, Create)

## High engagement pattern in the blended course structure

### Participation rate in online quizzes



## Online questions students attempted more than twice



## Summary



Low success rate and insufficient learning outcomes in lecture-based pharmacology courses



A novel blended course:

- Question-based learning throughout the course
- Asynchronous and Synchronous Activities



- 1. Enhanced critical thinking across all Bloom's taxonomy cognitive levels
- 2. Improved success rate
- 3. Improved students' engagement



### **Collaborators**

Jayne S Reuben, PhD
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Hila Meiri, MD

Department of Surgery, Sheba Tel-Hashomer Medical Center

Carolina Restini, PhD

Michigan State University College of Medicine, USA

Laura Bauler, PhD

Western Michigan University Homer Stryker M.D. School of Medicine, USA

### **Funding**



Dr. Adolf and Klara Brettler Center







Looking for MSc and PhD students

Email: Hadar.az@mail.huji.ac.il

## Recommendations & guidelines

- Define Short- and Long-term Learning Outcomes
- 2. Describe Cognitive Levels
- 3. Divide the Course into Learning Divisions and Units
- 4. Incorporate Self-Practice Questions at Each Cognitive Level within Learning Units
- 5. Implement Q&A Sessions for Discussion
- 6. Evaluate Student Success Across Cognitive Question Levels
- 7. Assess Student Engagement and Satisfaction
- 8. Consider Further Adaptations to Enhance Learning Outcomes

